



# Introduction to Trauma Therapies

*Take the first step in getting to know  
the basis of trauma therapies!*

Date: **6th July - 28th July, 2024**

Mode: **Online and Offline**

 **Closure, Andheri, Mumbai**

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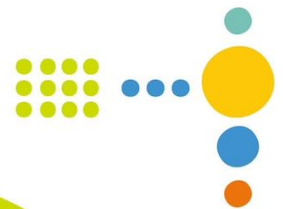
 reachus@theclosurecommunity.com





## **Beneficial for:**

1. Students Pursuing a Bachelor's & Master's Degree in Psychology
2. Mental Health Professionals



## **How Will it Benefit You?**

- Gain a deeper understanding of how trauma therapies work
- Find enough clarity to decide which trauma therapy you would like to get trained in.
- Enhance your knowledge for professional growth
- Connect and learn with other professionals and students in the field

# What you will learn?

- The principles and applications of EMDR
  - Introduction to the concepts of Internal Family Systems (IFS)
  - Understanding the applications of Somatic-Based Therapy
- Basics of Clinical Hypnotherapy and how it can help you become trauma-informed

# Schedule



<b>06</b> Saturday	Intro to EMDR Therapy	Offline	3:00pm-5:30pm
<b>07</b> Sunday	Somatic Based Therapy	Online	11:00am-1:30pm
<b>13</b> Saturday	Internal Family Systems (IFS)	Offline	3:00pm-5:30pm
<b>14</b> Sunday	Intro to EMDR Therapy	Online	11:00am-1:30pm
<b>20</b> Saturday	Somatic Based Therapy	Offline	3:00pm-5:30pm
<b>21</b> Sunday	Clinical Hypnotherapy	Online	11:00am-1:30pm
<b>27</b> Saturday	Clinical Hypnotherapy	Offline	3:00pm-5:30pm
<b>28</b> Sunday	Internal Family Systems (IFS)	Online	11:00am-1:30pm

## Fees

Individual workshop: ----- ₹1000

All 4 workshops: ----- ₹3500

**Disclaimer:** *These workshops are not training in the therapies & do not provide or state that attendees will be trained in these therapies.*

# Our Facilitators



**Ms. Sayli Anavkar**

*Counselling Psychologist &  
EMDR Therapist*



**Ms. Akshi Gadhia**  
*Psychotherapist*



**Ms. Shagun Tiwari**

*Clinical Hypnotherapy  
Practitioner*



**Ms. Rinkle Jain**

*Psychologist &  
Psychotherapist*

